

**SEYMOUR R-II SCHOOL DISTRICT**

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**Participant**  
**ATHLETIC/ACTIVITIES HANDBOOK**



***Mr. Steve Richards, Superintendent***  
***Mr. Jason Duey, High School Principal***  
***Mr. Brian Bell, Junior High Principal***  
***Mr. Robbie Jenkins, Athletic Director***

***Revised August 2020***



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### Table of Contents

Letter to Parents and Students	3
School district Philosophy	3
Mission Statement	3
Student On-Line Courses	4
Interscholastic Activity Philosophy	4
Interscholastic Activity Objectives	4-5
Personnel Policies	5
Organizational Chart	6
Chain of Command	7-8
MSHSAA Member	8
Summit Conference Affiliation	9
Participation Commitment Statement	9
Two Sport Participation Policy	9-10
Athletic/Activity Sponsors and Coaches	10-11
Sportsmanship Statement and Policies	11-12
Social Media Guidelines and Policies	12-13
Hazing Policies	13
Additional District Level Policies	13-17
Due Process and Appeal Policies	18
Risk Management Statement	18
Seymour RII Concussion Protocol	19
Injuries Management Policies	19-20
Athletic Program Procedures	20
Academic Eligibility	22-24
Attendance Policy	24
Random Drug Testing Policy	24-28
Closing Remarks	28
Athletic/Activities Forms	29-32



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### **LETTERS TO PARENTS AND STUDENTS**

Dear Parent/Guardian and Student/Athlete/Participant:

Advisors (i.e. Coaches and Sponsors) are hired by the school district to be responsible for their respective program. The advisors establish criteria for team selection, often with input from the entire staff. This may be a subjective process. Team selection, practices and decisions regarding competition situations are the responsibility of the advisor. If you have questions regarding the process, we encourage the student and advisor to be the first point of contact. If questions still exist, please address these questions directly to the advisor. Please call the advisor to make an appointment. If you have further questions the advisor has not been able to answer, please contact the athletic director for athletic reasons and for activities contact the principal.

### **SCHOOL DISTRICT PHILOSOPHY**

Recognizing the intellectual, personal, and social flexibility needed for meaningful and successful life in a constantly changing world, Seymour R-II School District will strive to provide optimum experience for academic and social success for every student.

To foster this ideal, the school district will promote learning activities that are centered on the student and on the real world with the individual goals and realistic boundaries to be defined by the total school community of students, parents, patrons and educators.

The school will aim for positive learning. Achievement in all areas will be recognized and mistakes will be treated as experiences in learning rather than failure.

### **Mission Statement:**

The Seymour R-II School District Athletics/Activities department is committed to excellence in athletics/Activities while supporting the Seymour R-II School District educational mission. We will meet the obligations to promote a safe atmosphere for our student athletes to compete in both team and individual sports and other extracurricular activities. Seymour R-II School District is committed to enhancing the abilities of the total student academically, socially, emotionally and physically through preparing and planning during the school day as well as throughout the athletic season. We look to create opportunities for all student-athletes to develop intellectual, physical and social capabilities of student athletes by providing every student with the opportunity to be in a learning environment.

Seymour R-II School District mission is to also incorporate character traits that can be developed by all stakeholders of our program through athletic participation. We expect all participants to respect themselves as well as others, demonstrate loyalty to the programs, be good teammates, fans and boosters, and put the program before themselves, we want to learn how to handle success as well as failures, show pride in our school, have a strong work ethic, be honest, show up and be prepared to accomplish the goals of Seymour R-II School District athletic program.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### **Student ONLine Classes**

Students that desire eligibility to participate in activities or sports at a Seymour R-II School District school must meet the requirements set forth in Section 2 of the MSHSAA Handbook, entitled *Student Essential By-Laws*. The Seymour R-II School District follows the MSHSAA Handbook policies for all school sponsored extracurricular activities (clubs, sports, etc). A student who is already enrolled in the Seymour School District and enrolls in online classes through the Seymour R-II School District Launch program may meet eligibility requirements outlined in By-Law 2.3.2 through meeting ALL of the following:

1. Students will not be allowed to participate in athletics and activities in the Seymour School District during the semester that they are enrolled in virtual courses or homeschool in lieu of seat-time classes.
2. To be eligible in the following semester, students must earn a minimum of 3 full credits the semester prior.
3. The student is an enrolled and regularly attending student of the public middle/high school of residence, as defined in By-Law 3.10, and is taking a minimum of six credit-bearing, seat-time for a minimum of 3.0 units of credit at the school.
4. All classes/assignments must be completed by the high school /middle school's close of the semester, as per By-Law 2.3.11, in order for those classes/credits to be considered toward activity eligibility.
5. Online courses offered **by** and **at** Seymour School District, which are completed no later than the close of the semester with credit placed on the transcript, can be counted toward activity eligibility.

Homeschool students may participate in athletics/activities if they enroll in a minimum of six credit bearing seat time classes. All classes must be completed by the end of the semester. To be eligible the following semester, students must earn a minimum of 3 full credits the semester prior to the semester in which they wish to participate in a MSHSAA activity.

Parents are strongly encouraged to review the [MSHSAA handbook](#) for further clarification regarding eligibility.

### **INTERSCHOLASTIC ACTIVITIES PHILOSOPHY**

Interscholastic activities provide unique and meaningful learning experiences. They are considered an integral part of the total curriculum in Seymour R-II Schools. The value students gain through interscholastic participation should supplement and promote the academic life and philosophy of the district. Such participation, however, is a privilege extended to students who meet the criteria for participation.

The mission of the activities program is to operate a well-defined and consistent program within the limits of the allocated resources for budget and personnel. The program is committed to the stated goals and objectives designed to accomplish the district's philosophy.

The interscholastic activities program shall be in accordance with the guidelines of the Missouri Department of Elementary and Secondary Education (DESE), The Missouri State High School Activities Association (MSHSAA), conference membership (Summit Conference), and policies, rules, and regulations of Seymour R-II School District.

### **INTERSCHOLASTIC ACTIVITIES OBJECTIVES**

Seymour R-II School District has selected activities objectives to help the district's mission and philosophy be accomplished successfully. The following objectives for the interscholastic activities program have been established:

1. To develop and promote attributes of good citizenship.
2. To develop a respect for authority and the rights of others.
3. To develop a realization of the values of conforming to rules and regulations.
4. To develop the desire to succeed and excel.
5. To gain social competence, self discipline, and emotional maturity.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

6. To promote good sportsmanship and the appreciation of activities to enhance the students both as participants and spectators.
7. To develop high moral and ethical standards and pride in participants, classmates, and school.
8. To promote better health and physical fitness where practical for the participants.
9. To help the participants to develop academically in both accomplishments and attitudes.
10. To promote the ability to think as an individual and in the best interest of a team or member of a group.
11. To encourage and accommodate students who want to participate in multiple activities in the same season.

### **PERSONNEL**

The selection and placement of personnel is considered one of the most important aspects of the interscholastic activities program in Seymour R-II School District. The Board of Education and Superintendent of Schools, through the recommendations of building principals and activities administration, are committed to providing a quality interscholastic activities program through the personnel resources selected.

Personnel working in the interscholastic activities program shall be provided with job descriptions, duty expectations, guidelines and a line-of-authority to channel organizational charts for interscholastic activities has been established to provide such direction. The figure on the following page is designed to assist personnel working in the program. Every person who is provided an assignment in the interscholastic activities program is expected to know, understand and adhere to the chain-of-command.

The Athletic Director shall be the facilitator of the interscholastic activities program. The Athletic Director shall be directly responsible to the middle school and high school principals. The Athletic Director will coordinate with the advisor and building principal on discipline issues. All discipline will be handed down by the building administrator.

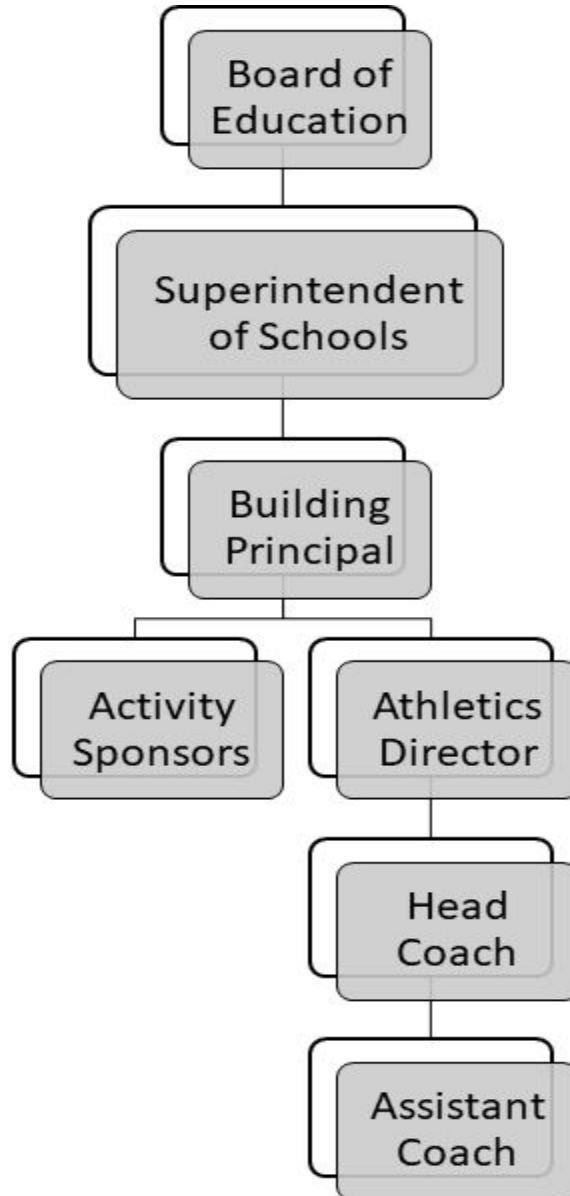


# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### ORGANIZATIONAL CHART FOR INTERSCHOLASTIC ATHLETIC/ACTIVITIES IN THE SEYMOUR SCHOOL DISTRICT

### ATHLETIC/ACTIVITIES IN THE SEYMOUR SCHOOL DISTRICT



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### **CHAIN OF COMMAND ATHLETIC/ACTIVITIES DEPARTMENT: SEYMOUR HIGH SCHOOL**

#### **Overview:**

Communication is the cornerstone to any relationship. This is especially true in the coach-athlete relationship. Within this relationship difficult issues must be dealt with at times, including; discipline, participant performance, and participant dissatisfaction. Proper communication results in the positive resolution of such issues, stronger advisor - participant relations, and other benefits such as the students learning how to solve problems.

Parents also have a relationship with their child's advisor, and communication is equally important to this relationship. Parents may feel the need to step in on their child's behalf. Whatever the motive, proper communication will enhance advisor-parent and advisor - participant relations.

The following is a guide for advisors, parents, and student participants. This guide provides a chain of communication that will maintain and build positive relationships.

#### **Athletic Chain of Command:**

Seymour R-II School District has a chain of command that is in effect. If you have any questions or concerns throughout the year regarding the athletic program your student athlete must contact the appropriate coach. If in contacting the coach there is not a solution the chain of command must be followed.

1. Player talks to coaching staff (Head Coach)
2. Player/Parent talks with Athletic Administrator
3. Parent talks with Building supervisor (Principal)
4. Parent talks with Superintendent
5. Parent talks with Board of Education

If a parent who contacts a school administrator without following the chain of command will be referred to the policy and sent back to the first stage of the chain of command.

#### **Communication from Coach to parents:**

1. Expectations the coach has for the team
2. Location of times of all practices, events and contest
3. Team Requirements: Any Equipment needed, off season schedules etc.
4. Procedures to follow in case of injury or player missing events
5. Team rules and guidelines

#### **Appropriate Parents Concerns to discuss with the coaching staff:**

There are certain matters that are acceptable to discuss with your student athletes coaches and some that are not acceptable. We want everyone to be on the same page and want the best for each athlete. When wanting to discuss a situation with a coach please follow the chain of command and make an appointment with the coaching staff.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### **Discussable situations:**

1. The Treatment of your student athlete (Mentally and Physically)
2. Ways to help your student athlete improve as an individual player
3. Concerns about anything away from the activity (Grades, Eligibility, behavior)

### **Issues not to be discussed with the coaching staff:**

1. Playing Time
2. Team Strategy
3. Play Calling
4. Other student athletes on the team

### **How to Express Concerns:**

When you have a concern about your student athlete and need an occasional meeting with the head coach or coaching staff please refer and use the following guidelines.

1. Never approach a coach after an event or contest. After a contest is not the time or place to discuss a concern regarding your student athlete or the team.
2. Refrain from contacting the coaching staff for 24 hours and then set up a meeting with the coaching staff. Make an appointment that would be convenient for both the parent/guardian, coach and the athletic administrator if need be. Prior to the meeting inform the athletic administrator and coach of the issues wanting to be discussed. This would not include playing time, strategies and other student athlete issues.
3. When in the meeting discuss matters in a calm and civil manner.
4. After expressing your question or issue please listen and allow the coach or athletic administrator express their thoughts. Letting the emotions of any party will only complicate trying to resolve the issue or come to an agreed outcome.
5. Remember that it is the concern of your student athlete. Your student athlete could or will be involved in the meeting. We will not discuss another student athlete with another parent for any circumstances.
6. If communicating by email or written letter they must have a return address with a name and subject line in the envelope. If these things are not included the contents will be disposed of or possibly deleted. Anonymous letters will not be dealt with.

### **MSHSAA:**

Seymour RII School District is a member of the Missouri State High School Athletic Association (MSHSAA) in good standing. As an Athletic/Activities program we are governed by the by-laws voted on and set forth by the member schools of the state of Missouri. If at any time a parent, guardian, stakeholder or participant needs by-law clarification you can find these by-laws and the MSHSAA Websit [www.mshsaa.org](http://www.mshsaa.org) under MSHSAA handbook. The Seymour RII School District will adhere to these by-laws and apply them as needed.





# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### **Conference Affiliation:**

Seymour RII School District athletic/activities is a member of the Summit Conference and a member of the Missouri State High School Activities Association

### ***Summit Conference Schools:***

<b><i>Conway</i></b>	<b><i>Norwood</i></b>
<b><i>Fordland</i></b>	<b><i>Mansfield</i></b>
<b><i>Hartville</i></b>	<b><i>Seymour</i></b>
<b><i>Gainesville</i></b>	

### **PARTICIPANT COMMITMENT**

Students who choose to try out and who are selected to represent the Seymour R-II School District in interscholastic activities are challenged to offer their best effort. The expectations are high in regards to the rules of good conduct, to the exhibition of good sportsmanship, to the work ethic of devoted practice, and the challenge of one's best performance.

Students are to recognize the importance of accepting responsibility, the need for specific training and practice, and the willingness to place the team or group's best interest before selfish interior motives. In the process of competition students will encounter attributes designed to help develop success for both the present and the future. They are afforded the opportunity to foster good character, dependability, self-discipline, honesty, responsibility, respect, and sacrifice.

Whereas challenges are to make each participant to glean from the circumstances to meet his/her individual needs or self interest, in most cases the real reward comes when students recognize the benefits received by working in unison to accomplish or reach goals which could not be attained by an individual on their own. Commitment is the foundation of success in the interscholastic activities program.

### **POLICY FOR COMPETING IN TWO SPORTS AT THE SAME TIME**

An athlete may participate in two sports during the same season if he/she meets the following criteria:

1. Students are academically eligible to do so.
2. The two sports are similar so special training is not required.
3. Both coaches agree.
4. Individuals on the teams are not affected in terms of participation and morale.
5. Study time is not affected.
6. The Athletic Director has approved.
7. If approved to move forward, the athlete and both coaches will meet to set the schedule for the season.

The athlete agrees to be at both sports practices and contests as much as possible. The athlete will designate which sport is the primary sport.

The athlete will understand that failure to give 100% to either sport may impact both playing time and position on the team.

If the athlete fails to meet the above standards, the Athletic Director has the discretion to void the agreement and the athlete will go to the team they had designated as the primary.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

If a situation would arise where an athlete who is involved in two sports events on the same day, the following protocol would be used so that the athlete is not forced to make a decision:

1. State Team Competition
2. State Individual Competition
3. Conference Tournament
4. Conference Competition
5. Previously Scheduled Event
6. Rescheduled Event

If both events were non-conference events and did not meet protocol above, then the athlete would go to the sport that he/she had designated as primary.

### **ACTIVITY PROGRAM**

Seymour R-II Schools maintain a broad activity program designed to appeal to the needs and interests of all students. Students are strongly encouraged to participate in the activity program. Interscholastic activities at Seymour are governed by the Seymour Board of Education and the Missouri State High School Activities Association (MSHSAA). The activity program includes athletics (including cheerleading), music (including flag corps), drama and academic competition. To be eligible to participate, students must follow the co-curricular participation standards of Seymour Public Schools as well as meet the following eligibility criteria, which have been established by MSHSAA for its member schools.

### **INTERSCHOLASTIC ACTIVITIES FOR STUDENT PARTICIPATION**

Fall : 1<sup>st</sup> Possible Practice August 10th (HS) and Aug 17th (JH)

- **Baseball** – V - Jason Duey, Head Coach [jduey@seymourschool.net](mailto:jduey@seymourschool.net)
- **Boys Swimming** –
- **Cross Country** – V - Nick Cook, Head Coach [ncook@seymourschool.net](mailto:ncook@seymourschool.net)
- **Girls Golf** – V - Lori Coutchie, Head Coach [lcoutchie@seymourschool.net](mailto:lcoutchie@seymourschool.net)
- **Softball** – V - Glenn Dawson, Head Coach [gdawson@seymourschool.net](mailto:gdawson@seymourschool.net)
- **JH Boys' Basketball** – 7<sup>th</sup> and 8<sup>th</sup> - Chris Hastings, Head Coach [chastings@seymourschool.net](mailto:chastings@seymourschool.net)
- **JH Girls' Basketball** – 7<sup>th</sup> and 8<sup>th</sup> - Derrick Jessen Head Coach [djessen@seymourschool.net](mailto:djessen@seymourschool.net)

Winter : 1<sup>st</sup> Possible Practice Nov. 4th, Swimming Nov. 11th

- **Boys' Basketball** – V - Chris Hastings, Head Coach [chastings@seymourschool.net](mailto:chastings@seymourschool.net)
- **Girls' Basketball** – V - Derrick Jessen Head Coach [djessen@seymourschool.net](mailto:djessen@seymourschool.net)
- **Girls' Swimming** –

Spring: 1<sup>st</sup> Possible Practice March 2nd

- **Baseball** – V - Jason Duey, Head Coach [jduey@seymourschool.net](mailto:jduey@seymourschool.net)
- **Softball** – V - Glenn Dawson, Head Coach [gdawson@gmail.com](mailto:gdawson@gmail.com)
- **Boys' Golf** – V - Lori Coutchie, Head Coach [lcoutchie@seymourschool.net](mailto:lcoutchie@seymourschool.net)
- **JH Baseball** – 7<sup>th</sup> and 8<sup>th</sup> - David Baker, Head Coach [davidbaker@seymourschool.net](mailto:davidbaker@seymourschool.net)
- **JH Softball** – 7<sup>th</sup> and 8<sup>th</sup> - Kevin Thurman, Head Coach [kthurman@seymourschool.net](mailto:kthurman@seymourschool.net)



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### **ACTIVITIES**

The following eligibility requirements apply specifically to participants in music, speech/debate, academics, and drama. You may not miss school time because of participating in or traveling to an unapproved contest unless the absence is approved in advance by the Athletic Director or school principal. Violating this rule will cause you to be ineligible for a period not to exceed 365 days.

### **Activities:**

- **Academic Bowl** –
- **Band** – Pride and Tradition - Caroline Collins [ccollins@seymourschool.net](mailto:ccollins@seymourschool.net)
- **Cheerleading/NHS** – V and JH- Cyndy Zind [czind@seymourschool.net](mailto:czind@seymourschool.net)
- **Fishing** - JH and HS - Kevin Thurman [kthurman@seymourschool.net](mailto:kthurman@seymourschool.net)

### **Sportsmanship Statement:**

At Seymour R-II School District we pride ourselves in having good sportsmanship. One of the main goals of the athletic/activities programs is to teach the concept of sportsmanship. Good sportsmanship requires that everyone be treated with respect. This includes members of the opposing team, officials, coaches and spectators.

### **Seymour R-II School District players, coaches, and spectators will:**

- Regard game officials as fair, accept their decisions as final, and treat officials with respect
- **Comments directly to officials will not be tolerated by the Seymour RII School District**
- Respect the property of our school and other schools
- Cheer for your respected team
- Treat the opponent's coaches, players, and spectators with respect
- Show appreciation of good play by both teams
- Accept the decisions and judgments of the coaches
- Wear t-shirts/clothing that displays positive language
- Remain off the playing field/court before, during and after the event.
- Be modest in victory and gracious in defeat.
- Maintain an atmosphere of good sportsmanship.

Good sportsmanship includes showing courtesy and kindness toward your opponent as well as fellow team members. The contest is judged by the effort of the participants and not by putting down your opponent.

### **Seymour R-II School District players, coaches, and spectators will refrain from:**

- Actions that will offend, embarrass, or intimidate any individual athlete.
- Actions that will call attention to yourself
- Taunts, chants, noises, cheers, jeers, songs, profanity, or motions directed at the opposing team, coach or school.
- Using noisemakers
- Throwing objects
- Displaying signs of any type other than official school banners.

Failure to comply with Seymour R-II School District Sportsmanship standards may result in your removal from the site of competition and may result in further disciplinary action.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

Winning is exciting, but winning at any cost is not the goal. Negative treatment of any participant is outside the spirit and interest of the contest and Seymour R-II School District athletic/activities programs.

### ***Social Media Guidelines:***

The Seymour RII School District and the Athletic department recognize and support students' rights to freedom of speech, expression and association, including the use of social media networks including Facebook, Twitter, Instagram, snapchat etc. however Seymour RII Student athletes must understand that playing for any Tiger program is a privilege. The use of social media outlets can have many positives but can also have negative outcomes as well. As a student athlete at Seymour RII you are representing our school, community and athletic programs and you must portray yourself in a positive manner.

The following guidelines are intended to provide a framework for student-athletes to conduct themselves safely and responsibly in the social media world.

### ***As a Seymour RII Student athlete:***

1. Be aware of the identity information that you are posting on social networks. It is not recommended to give out information such as full date of birth, social security number, address, phone number, cell phone number, class schedule, banking information, or any reference to your daily routine. These can result in identity theft.
2. Think about any information that you may post on social media. You need to think about what you post on these sites and understand that anyone can have access to your comments. This information is considered public information. Protect yourself by maintaining a positive self-image.
3. Do not have a false sense of security about your rights to freedom of speech. Using social networks to say and do whatever you want will have consequences if proven that a student athlete has used this resource in a negative manner.
4. Photos put on social network sites servers become the property of that server. Photos can be deleted from a profile but will stay on their server. Those images could still be found by using search engines like google and yahoo.

### ***Things Seymour Student Athletes Should Avoid:***

1. Abstain from derogatory language or remarks about teammates, teams, programs, Seymour student's athletes, opponents, athletic administrators and coaches.
2. Threats or demeaning statement towards opponents, coaches, teammates, or other staff.
3. Do not publish and incriminating photos or statement depicting violence, bullying, sexual harassment, vandalism, stalking, underage drinking, selling, possessing, or using controlled substances or any other inappropriate behaviors.
4. Creating a serious danger to the safety of any person or making a credible threat of physical or emotional harm to any persons.
5. Indicating knowledge of and unreported felony theft or felony criminal damage to property.
6. Indicating knowledge of an unreported school or team violation.

### ***Any of the above violations could result in the following:***

1. Immediate removal from teams or extracurricular activities
2. Upon investigation of the issue by the administration of the school's violator the individual may be suspended from activities for a period up to one year depending upon the severity of the infraction.
3. Any suspension will be honored by Seymour R-II School District. If an individual is suspended from another school will not be allowed to attend activities at any other school during the suspension.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

It is important that the use of social media be used to promote the programs of the Seymour RII School District in a positive manner. We want to be able to complement our programs in the community using social media and have pride in our total athletic programs.

### ***Hazing Policy:***

The Seymour RII School District Board of Education policy prohibits the act of hazing. For this policy hazing is defined as willful conduct directed at another student, whether occurring on or off school property, for the purpose of initiation or admission to any school related activity or athletic team.

It is the responsibility of the Seymour RII School District personnel including principals, coaches, athletic administrators, teachers, staff and students to be aware of and adhere to the Hazing policy set forth by the Seymour Board of Education.

Students found to have violated this policy will be subject to suspension/expulsion from school and suspension/expulsion from activities/athletic participation on the severity of the misconduct per Board Policy.

Non-students who participate or enable the hazing of students may be excluded from attendance at school activities and school athletic events. District employees including sponsors and coaches who have knowledge of school hazing, but fail to take corrective action will be subject to discipline up to and including termination of district employment. If hazing occurs, coaches/sponsors must report the incident to the school administration immediately upon learning of the incident.

The following procedures are to be employed by students, teachers, and staff in reporting hazing violation board policy, or filing a complaint for violation of board policy.

1. Standard administrative procedures will apply for all teachers and staff, as directed by the administration and include the appropriate due process provided and implemented by the school administration for investigation or reports of hazing violation of board policy.
2. The Principal and athletic administrator will be responsible for investigating and remediation of the allocations of hazing.
3. Penalties and sanctions for any violation of the board policy shall be imposed in accordance with the standard Seymour RII School District due process procedures.
4. The appeals process will follow those listed under the due process section of the athletic handbook and following Seymour RII School District due process procedures and district disciplinary guidelines.

Violations of the hazing procedures may result in notification to the local law enforcement agencies and legal procedures could be taken by committing a hazing violation according to board policy.

### ***ADDITIONAL DISTRICT LEVEL POLICIES***

1. A participant must meet the eligibility requirements set out by the Missouri State High School Activities Association (MSHSAA) and must conform to all applicable MSHSAA rules and regulations.
2. A participant must meet any additional eligibility requirements as determined by the local area athletic conference and must conform to all applicable conference rules and regulations.
3. A participant must conform to district eligibility requirements, rules, regulations, and standards for participation as set forth below and as set forth in the Activities Handbook. The rules, regulations, and standards are not limited to the academic year. They are in effect 365 days a year.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

4. A participant must be a credible school citizen as set forth below and as set forth in the Activities Handbook.
5. Rules, Regulations, and Standards
  - a. All policies that apply to the regular school day apply also to co-curricular activities. Advisors may establish policies for their groups in addition to those stated herein.
  - b. A participant who drops out of an athletic activity cannot participate in another athletic activity until the season for the first activity has ended unless approved by the coaches of both activities and the Athletic Director.
  - c. The district's junior high school and high school are members of MSHSAA. In all interscholastic competition matters, this district will adhere to the rules and regulations of MSHSAA and the Summit Conference.
  - d. A participant must demonstrate good citizenship in the school and community. Participants must conform to all general school rules and regulations, rules established by the advisors for the activity in which he/she is participating, and the laws of the community. In addition, participants must conform to the following rules:
    - i. A participant shall not be eligible to participate in any co-curricular activity while under out-of-school suspension.
    - ii. A participant who has been expelled or who withdraws from school following the administration's recommendation for suspension or expulsion shall not be eligible for 365 days from the date of expulsion or withdrawal.
    - iii. A participant being removed from any activity for disciplinary reasons will be brought under advisement of the Athletic Director, Advisor, and Building Principal; and appropriate action will be taken which may result in exclusion from other activities. A participant removed from class for misbehavior on the day of a scheduled event/activity may be ineligible to participate in the event and will be counseled by the Principal or Athletic Director as to their eligibility if other violations occur.
    - iv. A participant may not use or possess tobacco. The consequences set forth below will be assessed against participants who (1) use or possess tobacco whether on or away from school property; (2) use or possess tobacco while participating or attending a school sponsored activity, whether on or away from school property; (3) are observed by school personnel using or possessing tobacco, whether on or away from school property, or (4) self-reports the use of tobacco whether on or away from school property.
      1. IN SEASON:
        - a. 1st Offense: A participant will be suspended for 5-15% of all contests/events.
        - b. 2nd Offense: A participant will be suspended for 15-25% of all contests/events.
        - c. 3rd Offense: A participant will be suspended 365 days.
      2. OUT OF SEASON:
        - a. 1st Offense: A participant will be suspended 1st contest/event of the next season of participation. Also you will be considered 1st Offense In Season.
        - b. 2nd Offense: Loss of eligibility for 15-25% of all contests/events. You will also be considered 2nd Offense on In Season. contests/performances that are played in all MSHSAA-recognized activities and all other
  - v. A participant may not use, possess or distribute drugs, look-alike drugs, alcoholic beverages, look-alike alcoholic beverages, controlled substances or look-alike controlled substances, drug paraphernalia, or items represented to be such. A participant will be in violation of this policy if the use, possession, or distribution (1) occurs on or away from school property or at a school-sponsored event (whether on or away from school property); (2) is reported or confirmed by a law enforcement



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

agency; or (3) is observed by school personnel (whether on or away from school property), or (4) self reports the use, possession or distribution of look-alike drugs, alcoholic beverages, look-alike alcoholic beverages, or controlled substances whether on or away from school property. A participant in violation of this rule will be suspended from MSHSAA-recognized activities and all other team/group performances for:

1. IN SEASON:
    - a. 1st Offense: A participant will be suspended for 20-30% of all contests/events.
    - b. 2nd Offense: A participant will be suspended 365 days.
  2. OUT OF SEASON:
    - a. 1st Offense: A participant will be suspended for the 1st two contests/events of the next season of participation. Also you will be considered 1st Offense In Season.
    - b. 2nd Offense: A participant will be suspended 365 days.
- vi. **CRIMINAL ACTS, VANDALISM, THEFT OR POSSESSION OF STOLEN PROPERTY** - Students are expected to refrain from acts of theft or vandalism. A student will violate the school district's citizenship standards if he or she engages in the following conduct: 1. Direct acts of theft or vandalism at school or elsewhere which are verified to the satisfaction of the administration. 2. Attempts to engage in theft of another person's property which are verified to the satisfaction of the administration. 3. Aiding or abetting another person who engages in acts of theft or vandalism at school or elsewhere which are verified to the satisfaction of the administration. 4. A violation, or alleged violation of federal, state or local criminal law which results in a summons being issued to the student, or charges being filed in court against the student or conduct which is verified to the satisfaction of the administration. Violation of the theft/vandalism rules shall cause the student to receive the following citizenship penalty:
1. IN SEASON:
    - a. 1st Offense: A participant will be suspended for 10-20% of all contests/events.
    - b. 2nd Offense: A participant will be suspended for 20-30% of all contests/events.
    - c. 3rd Offense: A participant will be suspended 365 days.
  2. OUT OF SEASON:
    - a. 1st Offense: A participant will be suspended for the 1st two contests/events of the next season of participation. Also you will be considered 1st Offense In Season.
    - b. 2nd Offense: Loss of eligibility for 20-30% of all contests/events. You will also be considered 2nd Offense on In Season.
- vii. **FIGHTING / VIOLENCE:** A participant may not cause or attempt to cause physical harm to another person. A participant will be in violation of this policy if this incident is (1) reported or confirmed by a law enforcement agency, or (2) observed by school personnel. A participant who attempts to cause or causes physical harm to another person will have the following punishments:
1. IN SEASON:
    - a. 1st Offense: A participant will be suspended for 10-20% of all contests.
    - b. 2nd Offense: A participant will be suspended for 20-30% of all contests.
    - c. 3rd Offense: A participant will be suspended 365 days.
  2. OUT OF SEASON:
    - a. 1st Offense: A participant will be suspended for the 1st two contests of the next season of participation. Also you will be considered 1st Offense In Season.
    - b. 2nd Offense: Loss of eligibility for 20-30% of all contests. You will also be considered 2nd Offense on In Season.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

- viii. **WEAPONS:** A participant who is found to be in possession of a weapon as defined by the Safe Schools Act will be suspended from all MSHSAA-recognized activities and all other team/group performances for 365 days from the date of the incident.
  - ix. A participant must conform to the school discipline policy. Failure to abide by the school discipline policy, except as otherwise provided above, may result in a suspension for up to 365 days from all MHSAA-recognized activities and all other team/group performances.
  - x. A participant who is arrested for, charged with, or convicted of a felony or misdemeanor under either criminal or juvenile law, whether the offense occurs on or away from school property is in violation of this subparagraph (x) and may result in a suspension for up to 365 days from all MHSAA-recognized activities and all other team/group performances, as well as additional discipline under the school discipline policy.
  - xi. Any High School student participant that is over on the unexcused absence policy will be ineligible to participate in the remainder of the semester.
  - xii. Any High School student who owes a fine or fee of more than \$20 at the beginning of each quarter will be ineligible until the balance is below \$20 or payment arrangements are made with the High School Principal. There are flexible plans and financial assistance available if needed.
  - e. Notwithstanding any provision of this policy or any other district policy, the district reserves the right to enhance or reduce the penalties associated with a violation of the co-curricular policy based upon the nature, severity, and frequency of the offense(s).
6. A participant who engages in additional violations of this policy while under a co-curricular suspension may be expelled from all MHSAA-recognized activities and all other team/group performances. This does include all activities as well.
7. The management of a co-curricular activity is the responsibility of the coach or sponsor, who is in charge of the selection of participants and the extent of their participation. Each coach/sponsor may also establish additional written guidelines for their activities. These guidelines shall be presented orally and in written format. A copy of such guidelines shall be kept on file with the building principal and Athletic Director.
8. Participants who hold elective positions on any campus or are candidates for school “royalty” positions must adhere to the same rules of conduct listed in this policy as student participants. Disciplinary action for violation of these rules of conduct will be applied to those students who hold elective positions or are candidates for school “royalty” positions in the same manner.
9. The Athletic Director, Coach, Sponsor, and Building Principal will be informed of a participant’s removal from any activity for disciplinary reasons. This may result in exclusion from other activities, as well as additional consequences under the student discipline policy.
10. If a participant was already on a team during the current season, he/she may be allowed to practice with the team/group during a co-curricular suspension with the approval of the Advisor, Principal, and Athletic Director. An approved participant may travel to games or events with the team, but will not be able to participate or dress in team/group uniform.
11. A student who is currently under a co-curricular suspension may be allowed to try out for a sport/activity in the season in which the co-curricular suspension will expire.





# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

12. **Review Procedures** - The district does not have the authority to excuse participants from the eligibility requirements established by MSHSAA. Additionally, participants are uniformly expected to comply with the eligibility requirements established by the district. Accordingly, the procedures below are provided for the sole purpose of minimizing suspensions and/or removals based upon inaccurate or incomplete information. The procedures are not intended to provide participants with an opportunity to (1) avoid suspensions or removals imposed for conduct they have actually committed, or (2) ask administrators for leniency when an appropriate consequence has been imposed for conduct that has occurred. Nor are they intended to suggest that participation in school activities is an entitlement rather than a privilege.
  - a. In most cases, a participant should be advised of the reason for the suspension or removal from an activity, and provided an opportunity to respond, prior to imposing the consequence.
  - b. When it is necessary, in the judgment of the coach, sponsor or administrator to suspend or remove a participant from an activity prior to advising the participant of the reason for such suspension or removal, the participant should be advised of the reason and given an opportunity to respond within a reasonably prompt time after the consequence has been imposed.
  - c. Participants may request a review of the suspension or removal imposed by a coach or sponsor to the Athletic Director.
  - d. Participants may request a review of the suspension or removal imposed or affirmed by the Athletic Director to the building principal.
  - e. Participants may request a review of the suspension or removal imposed or affirmed by the principal to the superintendent/designee.
  - f. Participants may request a review of the suspension or removal imposed or affirmed by the superintendent to the Board of Education. The Board, in its sole discretion, will decide which requests for review will be granted based on the facts and circumstances of each situation.
  - g. During the pendency of an appeal, a co-curricular suspension or removal will remain in full force and effective until the appeal is judged on.
13. **VOLUNTARY ADMISSION** - Voluntary admission of a violation of the Code will not result in suspension from competition but will count as a first violation, as the Athletic Director will be notified. In such a case, the student is required to meet with an intervention counselor. This provision may be used only one time by any athlete. The purpose of this provision is to allow the student to seek help and may not be used by a student if the Code violation is already known by the school or school representative. This doesn't allow you from getting out of any suspension that MSHSAA requires.

### ***Due Process:***

If there is a reported violation to Seymour R-II School District athletic policies and discipline will need to be taken towards and athlete, the following procedure will be followed:

### ***Due Process Procedures:***

1. The coaching staff will conduct a reasonable investigation of the circumstances, including interviews with the accuser, the accused, any one that might have been an eye witness to the incident, and any other key parties that might have information about the incident. The coach will also determine if the parents of the student athlete had knowledge of, or information about the incident in question.
2. Upon the completion of the coach's investigation, and determining the appropriate sanctions, the coach will then notify the student athlete, the athlete's parents and the athletic administrator of the finding of the incident or violation. The coach will inform the disciplinary action that will be taken.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

3. The coach will report the findings of the investigation to the athletic administrator who will immediately communicate the allegations and discipline to the building principal.
4. After notifying the Student athletes parents, the athletic administrator and building principal the coach has the right to suspend a student athlete who has violated a school or team policy and regulations

### ***The Appeal Process:***

1. Within two days of the allegations the student athlete will have the right to appeal the coach's decision to the athletic administrator.
2. Within five days, the athletic administrator will conduct an appropriate review of the allegations and rule on the appeal by the student athlete.
3. Within two days, the student athlete has the right to appeal the decision of the athletic administrator's decision to the building principal.
4. Within five days the principal shall conduct an appropriate review of the allegations and rule on the appeal by the student athlete.
5. If the matter needs further investigation the allegations will be turned over the Seymour R-II School District Superintendent's office for further review.
6. After notifying the Student athlete's parents, the athletic administrator and building principal the coach has the right to suspend a student athlete who has violated a school or team policy and regulations until the due process procedure has been completed.

### ***Risk Management:***

Seymour RII School District understands its legal and moral responsibility to assure the, prior to participating in athletic activities all Seymour RII students and parents/Guardians need to be made aware of the risks that are inherent in their student athletes sport and to give their consent to participate in such sport. Seymour RII asks for complete commitment and cooperation by administration, coaches, Parents/guardians and student athletes to assure that this responsibility is fulfilled.

Seymour RII School District also recognizes the education of parents/guardians and athletes concerning specific sport risks are a key component of reducing the risks and injuries in those specific sports. This requires a comprehensive plan which is uniformly applied with parents/guardians and student athletes of all athletic teams/programs within the Seymour RII School District.

Seymour RII school district will supply the materials and methods for educating parents/guardians and student athletes concerning sport specific risks, and documenting their informed consent to participate. The athletic administrator and coaches will assure that Seymour RII School District procedures and guidelines related to risk warning will be implemented with every sports team within the district.

### ***Risk Management Guidelines to be followed:***

1. A standard Risk warning statement form will be used by the Seymour RII School District and by reading this document the parent/guardian and athlete will be asked to sign and acknowledge that you have received and read the information.
2. A parent/guardian meeting will be held for each sport team prior to the start of each sport season that at least one parent/guardian and athlete must attend.
3. Each sport will have a meeting where coaches will discuss general and sport specific risks that could happen during that season. At least one parent/guardian and athlete must attend these scheduled meetings. Parents/guardians and athletes will be given and must sign a sport specific cautionary statement form acknowledging that you have been informed and read the information provided.
4. Different levels of a sport will meet but consideration of risks to athletes will be taken into consideration such as age, size and ability levels before an athlete participates at a level.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

5. Seymour RII School district will provide and use audio-visual resources and handouts to educate parent/guardian and student athletes of risks that are involved in athletics. The athletic administrator will have access to all materials and information used to inform all stakeholders of risks that might arise in playing in an athletic program.
6. Athletes that play in multiple sports are highly encouraged to attend with at least one parent to attend the sport specific meeting.
7. Each year there will be an effort by the athletic department to include any new educational information so that athletes and parents are not seeing meetings as redundant and a waste of time. As new information on risks is supplied to the Seymour RII School District the information will be supplied to parents/guardians and athletes.
8. There will be some information that we feel is very important to our student's athlete's safety that will continue to be given out in every meeting.
9. Seymour RII administration and athletic administrator will supply risk warning information in an alternative method using our school district website as well as team/program websites to relay information to all stakeholders concerning risk management. No athlete will be allowed to participate, be issued any equipment or be allowed to practice until all required forms are turned into the coaching staff or athletic administrator's office. This includes athlete physical forms, athletic department risk management forms and sport specific risk management forms.

The Seymour RII School District wants all our athletes to participate at the highest level that they can perform at realizing that risks are a part of athletics. By educating all involved and managing risks it is our belief that we can keep injuries to a minimum.

### ***SEYMOUR ATHLETICS CONCUSSION PROCEDURES:***

If a student is suspected of having a concussion or displays concussion-like symptoms (see below) the coach or supervisor should:

- Remove them from competition immediately.
- They should not be allowed to practice for at least 24 hours.
- Only release them to play after they have been cleared by a physician.

Signs and symptoms of a concussion may include:

- Headache or a feeling of pressure in the head
- Temporary loss of consciousness
- Confusion or feeling as if in a fog
- Amnesia surrounding the traumatic event
- Dizziness or "seeing stars"
- Ringing in the ears
- Nausea
- Vomiting
- Slurred speech
- Delayed response to questions
- Appearing dazed
- Fatigue

Some symptoms of concussions may be immediate or delayed in onset by hours or days after injury, such as:

- Concentration and memory complaints
- Irritability and other personality changes
- Sensitivity to light and noise
- Sleep disturbances
- Psychological adjustment problems and depression



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

- Disorders of taste and smell

### ***Injuries:***

The Seymour RII School District does not have a full-time trainer on staff. It will be the responsibility of the coaching staff to examine, monitor, and administer first aid care. The Seymour RII coaching staff are all trained and certified in basic first aid. There are instances in which athletes and their parents need to make decisions on their own. Most commonly, this need will arise when the athlete begins experiencing symptoms at home which were not apparent during, or immediately following, the activity session. Since injuries and other adverse health conditions are inevitable in athletics, and the severity of the problem may not be recognized immediately, it is important for athletes and parents to be continually alert to the development of symptoms. The following guidelines are provided by the Seymour RII athletic department for use as a resource for parents/guardians and/or athletes to assist in determining the need for initial care and treatment of injuries or conditions while at home, or in other instances when a coach is not immediately available.

- How badly am I hurt? Should I see a doctor?
- Consider the degree of pain
- Debilitating pain– stops performance; can't move the injured part\*
- Limiting pain – hinders performance; able to complete the activity
- Temporary pain – discomfort resolves within a week
- Chronic pain – interferes with performance for longer than seven days
- Examine for deformity
- Swelling – amount is generally related to the severity of the injury; swelling within the first two hours indicates a significant injury\*
- Discoloration – amount is related to the severity of the injury
- Comparison – Does it look like the other one?

In any of these cases, see a doctor immediately.

How should I care for my injury until I see a doctor?

Your goals are to

(A) control pain, (B) control swelling, and (C) prevent further injury. Follow the P.R.I.C.E Principle:

- Pressure- Keep pressure on the injured area
- Rest – Do not use the injured part if it is painful; immobilize if necessary.
- Ice – Apply ice to the injured part immediately; 20 minutes on, one hour off, repeat; ice will limit swelling and reduce the pain.
- Compression – Use an elastic bandage (which can be soaked in cold water to aid the cooling process) to add firm pressure.
- Elevation – Where practical, keep the injured part elevated higher than the heart for the first 24 hours.

### ***ATHLETIC PROGRAM OBJECTIVES:***

#### **PARTICIPATION:**

To provide a variety of athletic opportunities that encourage and allow interested students to participate in valuable physical and mental activities.

#### **SKILLS & RULES:**

To provide emphasis in development of fundamental skills and knowledge of each sport.

#### **CITIZENSHIP AND SPORTSMANSHIP:**



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

To cause students to achieve success fairly by demonstrating and teaching the following:

- 1) Respect for rules of each sport / activity
- 2) Desirable traits of citizenship and sportsmanship
- 3) Rules of society

### **SCHOOL SPIRIT:**

To provide activities with which all students can identify.

### **COMPETITION:**

To build competitive teams throughout the program.

### **AMBASSADORS:**

To develop teams that will act as ambassadors of goodwill and public relations within and outside the Seymour community.

### **STUDENT CONFIDENCE:**

To provide a program that develops students' sense of appreciation and enjoyment of athletics, while building individual self-confidence and group rapport.

### **ATHLETICS:**

#### **EQUIPMENT:**

An athlete must pay for lost or stolen uniforms and equipment. All equipment/uniforms should be cleaned and turned in immediately at the conclusion of the season.

#### **ATHLETIC AWARDS**

**PARTICIPATION AWARD:** A certificate will be presented to each athlete/student every year he/she meets participation standards established in that sport and is recommended by the Head Coach.

**VARSITY LETTER AWARD:** A certificate will be presented to each athlete/student every year he/she meets the letter standards established in that sport and is recommended by the Head Coach to be a recipient of the award.

When an athlete receives his/her first varsity letter at Seymour High School, the athletic department will present him/her with a chenille S. An insignia of the sport the athlete has lettered in the first year will be awarded, along with a metal bar will be awarded each year thereafter.

**ALL ATHLETES MUST ATTEND THE AWARDS CEREMONY AT THE CONCLUSION OF THEIR SEASON IN ORDER TO EARN ANY OR ALL OF THE ABOVE AWARDS. THIS INCLUDES MANAGERS, STATISTICIANS, ETC. INVOLVED IN THE SPORT SEASON. ONLY ABSENCES PREVIOUSLY APPROVED BY THE COACH OF THAT SPORT WILL BE EXCUSED.**

**ALL ATHLETES MUST MEET THE GENERAL STANDARDS FOR ALL SPORTS AS WELL AS THE STANDARDS OF THEIR SPECIFIC SPORT TO BE ELIGIBLE FOR LETTER AWARDS.**

### **SPORTSMANSHIP:**

If you should commit an unsportsmanlike act while participating in a school event, you could become ineligible. If your conduct as a spectator is found to be unsportsmanlike, you could be barred from attending any school athletic contests. The unsportsmanlike conduct of any spectator regardless of age, could cause that spectator to be barred from attending school athletic contests.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### **SPORTS AWARDS NIGHTS:**

Awards nights are held at the end of the Fall, Winter, and Spring sports seasons to honor the high school athletes.

### ***TRANSPORTATION FROM GAMES AND TO PRACTICES:***

Participants must ride the bus with the team to contests. Advisors may allow an athlete to ride home from a contest with his/her parent or guardian upon request due to special circumstances. The parent/guardian must sign the student out after the event. Also Participants that are to ride home with someone else need to turn in a TRANSPORTATION RELEASE FORM (Located at the end of the Athletic/Activities Handbook).

### ***PARTICIPATION REQUIREMENTS :***

In order for a student to participate you must:

1. Have a current physical examination given by a licensed physician (M.D. or D.O.) or chiropractor and have proof of medical insurance on file in the Athletic Office.
2. Fulfill the Co-curricular policy requirements pertaining to the review of policy meeting with the Athletic Director as stated in Board Policy.
3. Complete a transfer of eligibility form (if required by MSHSAA)

### ***Athletic Eligibility Rules and Procedures for Athletic Participation:***

1. BE A GOOD CITIZEN IN YOUR SCHOOL AND COMMUNITY.
2. Any student who represents their school in interscholastic activities must be a credible citizen and judged solely by the proper school authority certifying the list of students for competition. A student whose character or conduct is such as to reflect discredit upon themselves or their school is not considered a credible citizen. Their conduct shall be satisfactory in accordance with the standards of good discipline.
3. A student who misses class on the date of a contest without being excused by the principal shall not be considered eligible on that contest date.
4. Each individual school has the authority to judge its students under those standards.

### ***Academic Eligibility:***

**DIAGRAM 2.3: SAMPLE HIGH SCHOOL ACADEMIC SCHEDULES**

Academic Schedules	Credits Earned must equal 3.0 or 80%, whichever is GREATER
Six-period day (.5 each)	Must pass 6 of 6 (3.0)
Seven-period day (.5 each)	Must pass 6 of 7 (3.0)
Eight-Block schedule (.5 each)	Must pass 7 of 8 (3.5)
Four-Block schedule (1.0 each)	Must pass 4 of 4 (4.0)
Ten-Block schedule (.5 each)	Must pass 8 of 10 (4.0)



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

1. In the preceding semester you must have earned 3.0 units of credit or 80% of the maximum allowable credits which may be earned whichever is greater. You must be currently enrolled in courses that offer 3.0 credits or 80% of the maximum allowable credits.
2. Credits earned or completed after the close of the semester will not fulfill this requirement. Summer high school courses for FALL academic eligibility may count provided the course is necessary for graduation or promotion (no electives), and credit is placed on the school transcript. No more than one unit of credit in summer school shall be counted toward eligibility. Correspondence courses may not be used to re-establish academic eligibility
3. Do not drop courses without first consulting with your school principal, athletic director or counselor to determine whether doing so will affect your eligibility.
4. Have entered school within the first eleven days of the current semester. Entering school is interpreted as enrolling and attending classes.
5. Not have received or competed for any award of any kind other than that given by your school for your services as an athlete in the sport in which you are competing. Competing for awards having a utilitarian value such as jackets, cash or merchandise prizes will make you ineligible.
6. Not have reached your 19th birthday prior to July 1 of the current school year.
7. Junior high students shall not have reached the following ages prior to July 1: 7th Grade—14; 8th Grade—15
8. Not have competed under an assumed or false name.
9. Not have transferred schools without a corresponding change of residence of your parents unless you meet an appropriate exception of the transfer standards. Always check with your Principal or Athletic Director before transferring.
10. Not have graduated or received an early release from a four-year high school or its equivalent.
11. Attend your eighth semester immediately following your seventh semester. High school students are eligible only during the first 8 semesters of attendance.
12. Not have competed at any time as a member of a Junior College or Senior College team.
13. Not compete on an outside team or in individual match competition during the season you are representing your school in the same sport, nor practice or play for a non-school team on the same day you have practice or play for a school team in any sport. These restrictions begin with the first day of the current school sports season. A school sports season is defined as beginning with the date of the first practice held on a school day and ends with the last contest including district and state tournament contests.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

14. Not transfer from one school to another because of undue influence.
15. Not attend a specialized camp for any one sport for more than two weeks.

### ***Attendance/ EFFECT ON ABSENCES AND DISCIPLINE ACTION:***

1. Students must be in attendance at least four class periods in order to participate in any school sponsored MSHSAA activity the same evening unless prior permission is obtained from the principal. Students must also be present on the Friday for at least four class periods in order to participate in activities on Saturday or Sunday.
2. Students must not be on civil probation.
3. Any student assigned to after school detention or in-school suspension will not be eligible to participate in any school related activities until the discipline has been fully served. Students who are suspended or expelled for any reason are prohibited from attending or taking part in any district-sponsored activity, regardless of location, or any activity that occurs on district property. Students who violate this provision will be required to leave the activity and may face further discipline, including an additional period of suspension or expulsion.

### **STUDENT DRUG TESTING PROGRAM**

All covered activities, groups and organizations meeting or occurring during non-instructional time will be referred to as extracurricular. However, extracurricular activities and groups will be further categorized as follows for legal purposes:

**Co-curricular Activity or Group:** A covered activity or group primarily involving students and occurring outside of academic class time, where

The subject matter of the activity or group is or will be taught in a regularly offered class;

The subject matter of the activity or group concerns the body of courses as a whole;

Participation in the group is a requirement for a course; or

Academic credit is granted for participation.

**Non-curricular Activity or Group:** A covered activity or groups primarily involving students and meeting outside of academic class time, which are not co-curricular.

**Driving:** The ability to drive and/or park on school grounds is a privilege we provide for our students. This is an activity that will be defined under extracurricular activities at the Seymour School District.

**Covered Activities:** Activities regulated by the Seymour School District and/or the Missouri State High School Activities Association (MSHSAA).

**Drug Testing:** Testing for alcohol and illegal or performance-enhancing drugs.

**Participation Days:** Each day that the extra-curricular group meets, regardless of whether that meeting is a practice, a group meeting or an event.





# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

Any newly enrolling students will be required to submit a consent form within the first 10 school days of enrollment.

### **I. General Procedures for All Student Drug Testing**

#### **Sample Collection**

Urine samples will be collected using a method intended to minimize the intrusiveness of the procedure. The testing monitor shall verify the warmth and appearance of the specimen. If at any time the monitor suspects the sample is being tampered with, the monitor may end the collection process and notify the superintendent or designee, who will determine whether a new sample should be obtained.

#### **Protection of Information (Privacy)**

Each randomly selected student will be assigned a specimen number that shall serve as the identifier for all materials sent to the lab. The student and his or her parent/guardian shall have access to the specimen number.

The laboratory will report positive test results directly to the superintendent or designee. The superintendent or designee will notify the student, the appropriate extracurricular sponsor, the parent/guardian of the student and other persons the superintendent or designee determines need to know the information to implement district policies or procedures. All files pertaining to drug testing will be kept confidential and separate from the student's other educational records, and only school personnel with a need to know the information will have access to the information.

#### **Positive Test Results**

If a positive test result occurs, the result will be verified on the same specimen. Following a confirmed positive result, the student and his or her parent/guardian shall be given the opportunity to submit additional information to the district administration or the laboratory. The district may consult with the laboratory in determining whether the positive result was caused by something other than the consumption of prohibited substances.

### **II. Random Drug Testing**

#### **Notification and Consent**

Students wishing to participate in covered activities shall receive a copy of the drug testing policy and related administrative procedures. Additionally, each student shall be required to return a signed drug testing consent form to the office by the designated date determined by the school district. A signed consent form shall be valid for all covered activities and will remain effective until revoked in writing by the parent/guardian. Students who do not return the signed consent form shall not be allowed to participate in covered activities.

#### **Random Selection**

The district will randomly select ten participating students for drug testing each month throughout the regular school year. The random selection process will result in an equal probability that any participating student could be chosen. District employees shall not have the authority to waive the testing of any student selected using the random selection process.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### Testing

Samples shall be tested for but not limited to Cocaine-COC, Marijuana-THC, Amphetamine-AMP, Methamphetamine-mAMP, Opiates-OPI, Phencyclidine-PCP, Benzodiazepines-BZO (Xanax), Barbiturates-BAR, Oxycodone-OXY (Hydrocodone), Methadone-MTD, Propoxyphene-PPX(Darvon), Methylenedioxymethamphetamine-MDMA(Ecstasy). Samples will not be screened for the existence of any physical conditions other than prohibited drug and alcohol use.

### Consequences

Following a confirmed positive test result, the superintendent or designee will immediately suspend the student from all covered activities and will schedule a conference with the student, the parent/guardian and the extracurricular sponsors. Offenses accumulate throughout grades nine through twelve. Depending on the timing of the drug test, the student may be excluded from participation in activities at the end of the school year, over the summer and/or into the beginning of the next school year.

#### First Offense

The first time a student tests positive under the random drug testing program, the student shall be suspended from participation in all covered activities for a minimum of twenty (20) participation days (summer participation can only count for ten (10) of the participation days) and must pass a drug test administered by the district, at student expense, prior to participating in covered activities again. Students who are enrolled in a class that involves co curricular activities will remain in the class during the suspension period and may participate in classroom activities, but may not participate in any activities outside of the regularly scheduled class time. If because of the suspension, the student is unable to participate in an activity, which constitutes a portion of the student's grade, the student will be given the opportunity to complete alternative assignments so that the student can earn the same grade, as he or she would have had if allowed to participate in the activity.

#### Alternative First Offense

With the consent of the student and his or her parents/guardians, the superintendent or designee may reduce the suspension so that the student is only prohibited from participating in covered activities for a total of ten (10) participation days as long as the student meets the following requirements:

Within one (1) week of the conference, the student must receive or be enrolled in substance abuse counseling from an alcohol and drug abuse agency that is certified by the Missouri Department of Mental Health, Division of Alcohol and Drug Abuse. The parents/guardians are responsible for all costs associated with the counseling. The parent/guardian must provide written verification that the student has been seen by the alcohol and drug abuse agency at least once before the student is allowed to begin participation again. If the student does not attend counseling as promised, the district will immediately implement the original consequences.

The student will be required to submit to drug tests every time the district conducts random drug testing on other students for the next six testing months. This may carry over to the next school year.

#### Second Offense

Students with two (2) positive test results for drugs or alcohol will be prohibited from participating in all covered activities for a minimum of ninety (90) participation days (summer participation can only count for ten (10) of the participation days) and must pass a district-administered drug test district prior to participating in covered activities again. Students who are enrolled in a class that



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

involves co curricular activities will remain in the class during the suspension period and may participate in classroom activities, but may not participate in any activities outside of the regularly scheduled class time. If because of the suspension, the student is unable to participate in an activity, which constitutes a portion of the student's grade, the student will be given the opportunity to complete alternative assignments so that the student can earn the same grade, as he or she would have had if allowed to participate in the activity.

### Alternative Second Offense

With the consent of the student and his or her parents/guardians, the superintendent or designee may reduce the suspension so that the student is only prohibited from participating in district-sponsored activities for a total of sixty (60) participation days as long as the student meets the following requirements:

Within one (1) week of the conference, the student must receive or be enrolled in substance abuse counseling from an alcohol and drug abuse agency that is certified by the Missouri Department of Mental Health, Division of Alcohol and Drug Abuse. The parents/guardians are responsible for all costs associated with the counseling. The parent/guardian must provide written verification that the student has been seen by the alcohol and drug abuse agency at least once before the student is allowed to begin participation again. If the student does not attend counseling as promised, the district will immediately implement the original consequences.

The student will be required to submit to drug tests every time the district conducts random drug testing on other students for the next six testing months. This may carry over to the next school year.

### Third Offense

Students with three (3) positive test results will be prohibited from participating in all covered activities for the rest of their enrollment with the district. If because of the suspension, the student is unable to participate in an activity, which constitutes a portion of the student's grade, the student will be given the opportunity to complete alternative assignments so that the student can earn the same grade, as he or she would have had if allowed to participate in the activity.

### Refusal to Submit or Falsifying Results

A student refuses to submit for drug testing when he or she fails to provide adequate urine for testing when notified of the need to do so or engages in conduct that clearly obstructs the testing process. A participating student who refuses to submit to drug testing or who takes deliberate action to falsify results will be suspended from all covered activities for one (1) calendar year and will forfeit eligibility for all awards and honors given for covered activities from which the student was suspended

### Suspicion-Based Drug Testing

A student may be required to submit to a drug test when there is reasonable suspicion that the student is under the influence of or has recently consumed alcohol or any drug prohibited by district policy. Staff members will report such suspicions to the building administrator or designee as soon as possible. The building administrator or designee will determine if reasonable suspicion exists. The district's attorney may be consulted as necessary.

### Consequences

Students who test positive under this section will be disciplined in accordance with the district's discipline code and may also be temporarily or permanently excluded from all covered activities in accordance with other district policies or practices.



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### Refusal to Submit or Falsifying Results

A student refuses to submit for drug testing when he or she fails to provide adequate urine for testing when notified of the need to do so or engages in conduct that clearly obstructs the testing process. A student who refuses to submit to testing or takes deliberate action to falsify results may still be disciplined under the district's discipline code for being under the influence of alcohol or drugs. A student who takes deliberate action to falsify results may also receive additional disciplinary consequences.

### **CLOSING REMARKS:**

Success is a journey, not a destination. It requires an intense amount of dedication, enthusiasm, and hard work. This outlook prevails in successful individuals, teams, and organizations. As part of this journey, our desire is that you have positive thoughts, and constantly strive to bring out the best in yourself and others. The teachers and administrators at Seymour are excited to have you as part of our activity program. As a participant you represent yourself, Seymour Public Schools, your team/organization, your director, sponsor, or coach, and our community. We are proud that you have chosen this responsibility and trust that you will take it seriously. We are anticipating a successful school year and hope you discover participation in our activities to be a rewarding part of your education.

### **ATHLETIC DIRECTOR CONTACT INFORMATION**

Robbie Jenkins     rjenkins@seymourschool.net  
Seymour High School  
625 E Clinton Ave  
Seymour, MO 65647  
OFFICE: 417.935.2287 x151



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### ***Seymour RII School District Athlete Participation Form***

This application to represent my school in interscholastic athletics is entirely voluntary on my part and is made with the understanding that I have studied the eligibility standards that I must meet to represent my school and that I have not violated any of them.

I, \_\_\_\_\_ have read and understand all rules and policies set forth in the pages of this handbook, and agree to abide by said rules and regulations. \_\_\_\_\_ Signature of Athlete  
\_\_\_\_\_ Date

I, as a parent/guardian of \_\_\_\_\_, have read the rules and policies set forth for athletic participation at Seymour RII Schools, and give my son/daughter permission to participate under these conditions. I will do my part in seeing that he/she follows and abides by these rules and policies.

\_\_\_\_\_ Signature of Parent/Guardian \_\_\_\_\_ Date



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### ***Seymour RII Student Athlete***

### ***Social Media Agreement***

Social media can be a useful tool to communicate with teammates, fans, friends, coaches and more. Social media can also be dangerous if you are not careful. Every picture, link, quote, tweet, status, or post that you or your friends put online is forever part of your digital footprint. You never know when that will come back to hurt or help your reputation during the recruitment process, new job, or other important areas of your life.

Recognizing the above (Student-Athlete please initial to the left of each statement that you have read and understand the following information):

\_\_\_\_\_ I take responsibility for my online profile, including my post and any photos, videos or other recordings posted by others in which I appear.

\_\_\_\_\_ I will not degrade my opponents before, during, or after games.

\_\_\_\_\_ I will post only positive things about my teammates, coaches, opponents and officials

\_\_\_\_\_ I will use social media to purposefully promote abilities, team, community, and social values. \_\_\_\_\_ I will consider, "Is this the me I want others to see?" before I post anything online.

\_\_\_\_\_ I will not respond to any negative comments about me, my team or my school and will not retaliate using social media.

\_\_\_\_\_ I am aware that I represent my sport(s), school, team, family and community at all times, and will do so in a positive manner.

Student athletes are required to abide by the rules set forth in these guidelines. The failure to do so will be considered a violation of the athletic/activity handbook. The violation may result in disciplinary action by the coach, athletic director and principal.

Student-Athlete Signature \_\_\_\_\_ Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

Date \_\_\_\_\_



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### ***Seymour RII School District***

### ***Warning to Parents and Students***

In participating and or competing in any sport/activity, students may be put in situations for ***Serious, Catastrophic*** and perhaps, ***Fatal Accidents*** could occur. In any competitive sport, there is always a chance that violent physical contact by players, the use of equipment which may result in an accident, strenuous physical exertion, and numerous other exposures to risk of injury can occur to student athletes.

As students and parents, it is a good idea to assess the risks that are involved in their individual activity despite the risks involved. There is not any amount of instruction, precaution, or supervision that will eliminate all risks of injury to any athlete. Participation in athletic programs by students may also be inherently dangerous.

I have read and understand the risk statement that is provided by the Seymour RII School District athletic department. I am aware of the risks that could be accompanied by participation in any activity that is offered for participation.

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_



# SEYMOUR R-II SCHOOLS

## ATHLETIC / ACTIVITY HANDBOOK

### TRANSPORTATION RELEASE FORM

**Name of Student**\_\_\_\_\_

**Name of adult students are leaving with:**\_\_\_\_\_

**Date of Event:**\_\_\_\_\_

**Event:**\_\_\_\_\_

**Location of Event:**\_\_\_\_\_

**Parent Signature:**\_\_\_\_\_

**Administrator Signature:**\_\_\_\_\_

**This form must be on file in the Athletic Director's office before student-athlete departs from Seymour High School.**

